

World Coaching Conference



BWF Programmes

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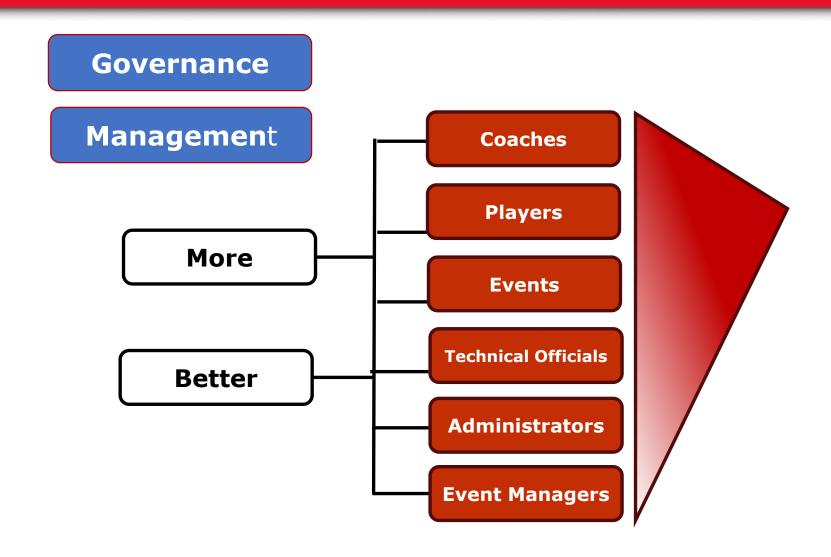
Strategic Plan KRA 3



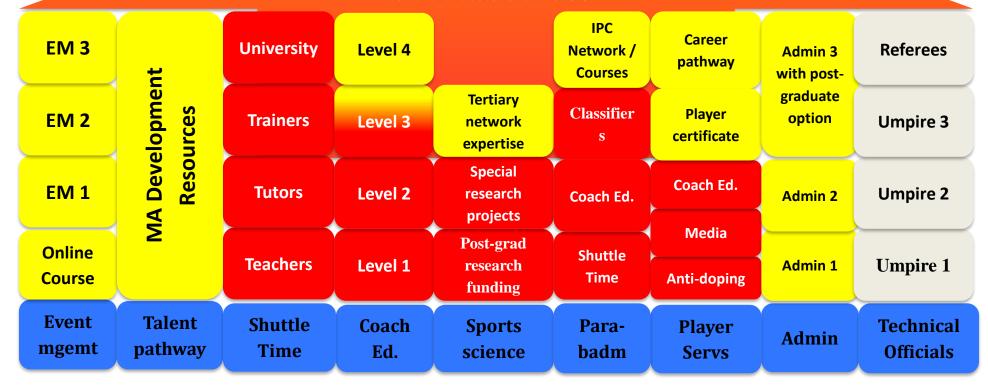


Development Principles





MA Educational Services and Resources



Color code:

Development areas

BWF resources

WA Potential resources

To be developed by BWF





Strengthen: CC + MA Leadership + Capacity

Strategic plan + Operational Programmes and planning

Participation projects



- Shuttle Time schools Programme
- Outdoor Badminton
- Coach Education framework
- Player Pathway structures
- University Badminton
- Badminton for Health
- Facility Guidelines
- Women in Badminton
- Para-Badminton development
- Strategic partnership management



Performance related projects



- Regional player development programmes
- Olympic Solidarity scholarship programme
- Itinerant Coach Programme
- Regional Player Scholarships
- Regional talent identification
- Athlete Career Pathway resources
- PPP regional courses
- Coach Education
- Coaching Conferences





Coach education - overview



- ➤ The BWF aims to provide a 'best practice' coach education framework and coach education training materials to support Members in the planning and delivery of coaching courses.
- ➤ BWF Level 1 Coach was launched with the CC's at the beginning of 2012.
- > The resources are freely available on Internet and supported by online video clips.



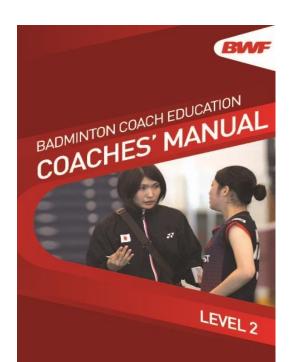
COURSE / AWARD	TARGET GROUP	FORMAT	CONTENT	OUTCOMES / ASSESSMENT
SCHOOLS BADMINTON TEACHING CERTIFICATE (SHUTTLE TIME)	Current or training teachers (physical education or classroom)	8-hour course: One-day format, or 8 one-hour modules, or blended learning (online component plus our-hour face-to-face session)	Basic badminton skills and knowledge - technical, physical and tactical elements – and how to deliver safe and fun badminton sessions for children.	Ability to plan and deliver safe, structured and fun badminton activities and sessions. Assessed by course tutors.
COACH LEVEL 1	Motivated candidates with basic badminton experience / knowledge; PE teachers with badminton teaching certificate.	Four-day course, or 2 x two-day course with guided coaching practice in between, or blended learning (online prerequisite plus two-day face-to-face session) Can also be adapted to Olympic Solidarity Technical Course format	Basic coaching principles. How to coach - Level 1 – basic coaching methodology. What to coach - Level 1 - technical, tactical, physical and psychological elements. Planning and delivery of progressive coaching sessions (for badminton and/or para-badminton)	Demonstration of basic coaching competencies through effective planning, delivery, review and evaluation of linked coaching sessions. Safe management of group activities. Assessed by course tutor.
COACH LEVEL 2	Level 1 coaches or equivalent. Players with national / international badminton experience (Fast-Track Course)	Minimum six days tutored activities, plus tasked and guided coaching practice and planning. Can also be adapted to Olympic Solidarity Technical Course format	Coaching principles. How to coach - Level 2 coaching techniques. What to coach - Level 2 - technical, tactical, physical and psychological elements with underpinning scientific principles and knowledge. Planning and delivery of annual training and competition programmes for individual badminton players.	Ability to construct and deliver annual training and competition plans. Design of individual training plans and programmes underpinned by sports science principles. Effective management of groups of players up to elite performance level. Assessed by course tutor.
COACH LEVEL 3	Level 2 coaches or equivalent with minimum of 3 years' coaching experience.	"X" days of highly interactive applied sessions, involving discussion, debate and reflection on practice. Significant post-course follow-up work with tutor applied to coach's professional context.	Player development pathways – what they are and why they are important Advanced planning and delivery for a specialized audience within the pathway, including: youth development elite performance	Demonstration of how to work within and/or implement a player development pathway. Effective management of player development for target group (youth development or elite athletes) Assessed by a panel of relevant coaching experts.
COACH LEVEL 4	Highly experienced coaches with experience of managing programmes.	University-level study of approved specialist subject. Long study of an agreed area of research to demonstrate competence.	Advanced-level long-term planning, delivery and management in chosen area of expertise. Application of sports science research, innovative and best practice.	Demonstration of long-term developmental programmes and planning in specialist area, including research and innovative practice. Long study of an agreed area of research to demonstrate competence. Assessed by external panel of relevant coaches / sports scientists with badminton experience.

Coach Education - Update



- Level 1: English, Spanish, French, Portuguese, Czech, Slovenian and Swedish
- Level 2: Available in English, Spanish, French, Portuguese and Czech
- Registrations for Coach Education manuals: 9,000+
- Views of Coach Education videos on BWFTV: 3,000,000+
- Coaches qualified from 70+ countries

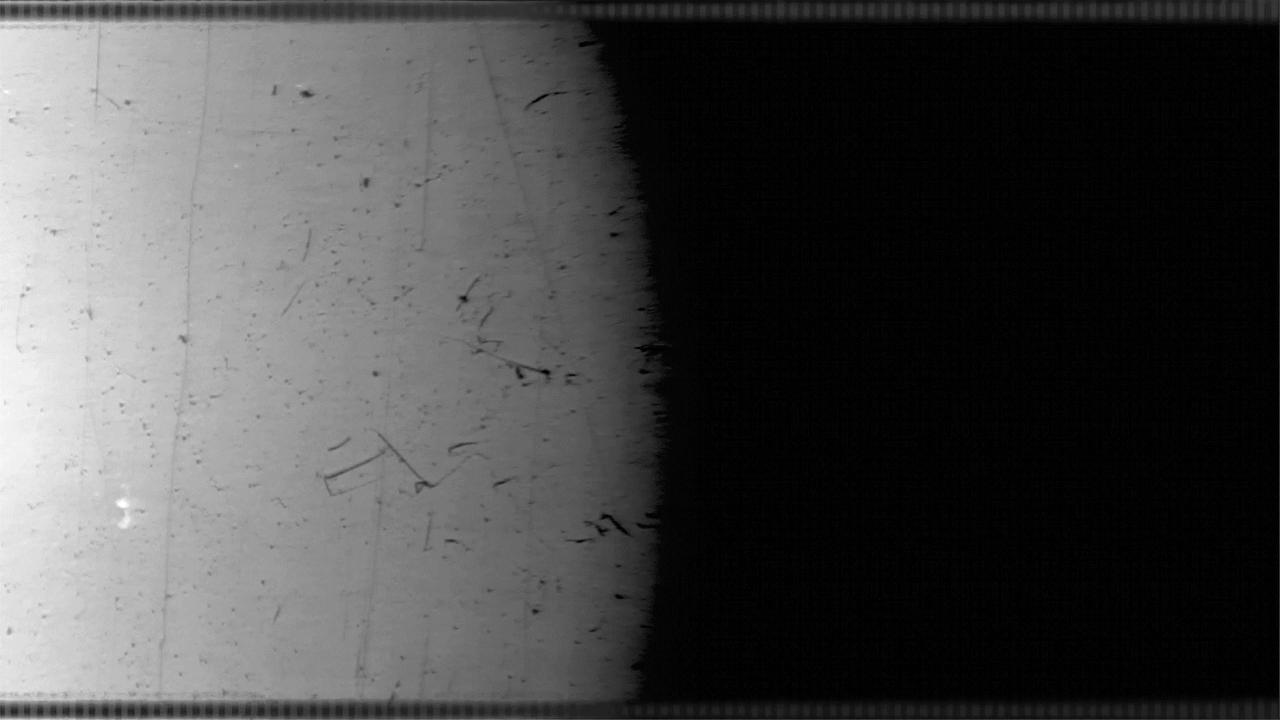




- National application process for equivalent status.
- Promote and include the WADA online coach true programme
- Deliver an online integrity module for coaches.
- Coach Licensing
- Ongoing CPD modules







Vision - To make badminton one of the worlds most popular school sports.

- Shuttle Time is a free resource designed for teachers, which offers an internationally recognized certification on completion of an 8 hour training course.
- Develops teachers skills, knowledge and the confidence to plan and implement safe and fun badminton lessons.



- Teachers Manual
- 22 Lesson plans
- 92 video clips
- Tutors/Trainers Guidelines
- Implementation Guidelines
- Mobile App

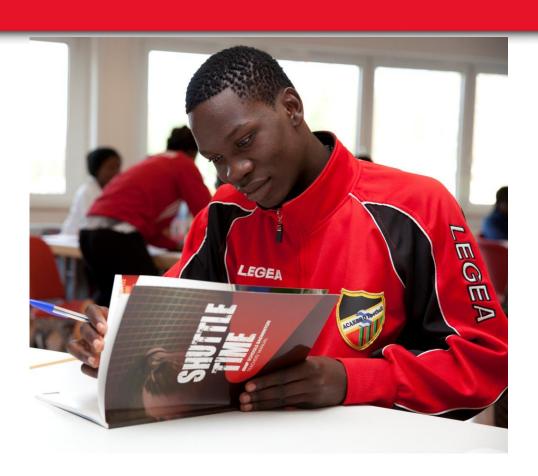




Shuttle Time In Numbers



- 119 Countries
- 20+ Language Versions
- 17,069 Online Registrations
- 1,600+ Tutors
- 24,400+ Teachers
- 1.2 million+ Video Clip Views





Sports Science







Sports Science – Research Grants



The BWF Sports Science Commission has three key goals and the research grants assist in achieving these goals:

- 1. Encourage and widen interest and investment in applied research in Badminton.
- 2. Improve the level and quantity of scientific material available to players, coaches and badminton practitioners.



3. Contribute towards the increased knowledge of performance and safety at the international level – of coaches and players.

In this year's funding, BWF are particular interest in research connected to the health benefits of badminton and injury prevention.

- Applications come from institutions and individual academics who intend to conduct research in relevant areas applicable to badminton.
- 35 applications were received from 18 countries.

Sports Science



Research Projects - World Championships 2017

1. Optimum performance in the Badminton Smash

Players will participate in the testing to investigate the optimal performance in the badminton smash:

- Determine the relationship between badminton smash technique and shuttle speed.
- Determine the relationship between shot outcome consistency and player movement variability.
- Compare international male and female players performing the badminton jump smash.
- Investigate difference in technique for players from different parts of the world.
- 2. Badminton Shoulder Injury Study

Players to participate in the above study relating to shoulder injuries in elite badminton players, the study aims to:

- Investigate shoulder injuries in elite badminton players.
- Determine how shoulder injuries evolve.
- Ascertain what types of treatment players receive for shoulder injuries
- Find out how shoulder injuries affect training and competition attendance.
- Gain an understanding of how shoulder injuries affect function and performance.





Conclusion



- Strategic Approach
- Investment
- Free/Accessible resources
- Translation
- Inclusivity
- Partnerships



Access BWF Resources

















Coaches

BMPs goal is to have well informed, educated and bliented coaches throughout the bedminton system. To achieve this goal, the BMP have developed a series of thee coaching resources and training courses, which National Badminton Federations can utilise.

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Sports Science

The BNF supports the further development of the sport through a variety of sports research projects. Exemples of sport science projects include, the sharing of global loadinition and sports research, as well as annual BWF funded research grants for universities.

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Thank You

Questions