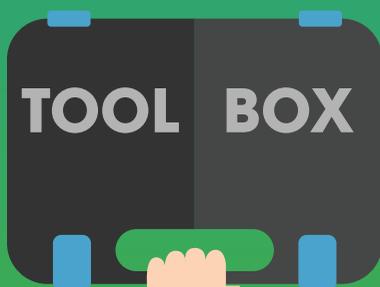




INTERNATIONAL DAY OF SPORT
FOR DEVELOPMENT
AND PEACE

APRIL 6



SUMMARY

**INTERNATIONAL DAY OF SPORT FOR
DEVELOPMENT AND PEACE**



LEARNING ABOUT PEACE-THROUGH-SPORT



LEARNING THROUGH SPORT SIMPLE SOLUTIONS



#WHITECARD CAMPAIGN



**INTERNATIONAL DAY OF SPORT
FOR DEVELOPMENT
AND PEACE**

International Day of Sport for Development and Peace — APRIL®

WHAT IS CELEBRATED ON APRIL 6TH ?

April6 was declared the **International Day of Sport for Development and Peace (IDSDP)** by the United Nations General Assembly in 2013 with the support of the International Olympic Committee, and has been celebrated each year ever since 2014.

WHY DO WE CELEBRATE THIS DAY?

This day provides an annual opportunity to celebrate **the power of sport** to drive social change, community development, to encourage equity and inclusion and to foster peace and understanding between individuals, communities and nations.

HOW CAN YOU BE PART OF THIS DAY?

Getting mobilized this day means you share the vision that sport can help to change the world. It means you will be joining a **global community** committed to take big or small actions on this day. Once you have decided your action it is important that you register it on www.april6.org to be part of the global network.



Create, Share and Communicate

CREATE your event

Here are some suggestions on how to get involved. For more ideas visit

www.april6.org

SYMBOLIC ACTION



Rally your network around a group action :

- 🔗 Organize a peace walk or run
- 🔗 Put a flash mob into place
- 🔗 Visit a memorial dedicated to peace or sport

ARTISTIC EVENT



Give free rein to your imagination :

- 🔗 Organize a photo exhibition
- 🔗 Organize a drawing or poster competition
- 🔗 Organize a sport activity with good music

DEBATE CONFERENCE



Bring people together to debate the impact of sport on society.

- 🔗 Watch a movie about inspiring athletes
- 🔗 Write to lawmakers to make April6 a national day
- 🔗 Organize a lecture with local athletes or ex-athletes

SPORTING EVENT



Hold a match, tournament or game to raise awareness about the values of sport.

- 🔗 Collect sport equipment and donate
- 🔗 Organize a sport activity or competition
- 🔗 Organize a [Sport Simple Workshop](#)

SHARE your event

Before your event takes place register your initiative on www.april6.org
By registering your event in the Global Events Map, you will be part of the **April6** movement.

1

GO ON APRIL6.ORG

Visit www.april6.org, click on the link «I register my event» and submit your event.

2

CREATE YOUR ACCOUNT

Please log in or create an account in order to add an event.

3

REGISTER YOUR EVENT

Once your account is created, enter your event by filling the following fields

**Name, Date,
Place, Description**

COMMUNICATE on April6

Take a **#WhiteCard** photo during your event and post it on social media using the Hashtag **#WhiteCard**.

Join the global conversation, follow **@peaceandsport** and spread the word about it.



www.peace-sport.org     

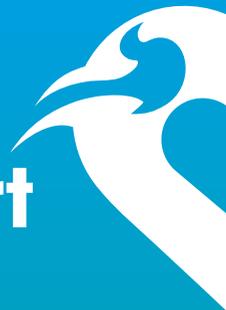
Peace and Sport is an international, neutral and independent organization based in Monaco that contributes to peace using the power of sport.



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LEARNING ABOUT PEACE-THROUGH-SPORT

Learning About Peace Through Sport



What is PEACEBUILDING ?

It is an entire range of actions designed to build a culture of peace. At the core of any peacebuilding action lies the **human aspect**. When people acknowledge the humanity of others and their relational inter-connectedness and mutuality, a culture of peace is forged.

What is the role of SPORT ?

Sport can help to create and forge human interactions and improve relations between conflicting parties. Therefore, sport and peacebuilding together imply the core value of developing **quality of relationships** and strengthening people's capacity to manage conflict and social issues in non-violent ways.

Why sport for PEACE ?

Sport is a powerful tool to strengthen **social ties** and networks, and to promote ideals of peace, fraternity, inclusion, non-violence and equality. The practice and values of sport enables people to end cycles of violence and exclusion and to move towards more sustainable peaceful relationships.

How does sport contribute to build a culture of peace ?



Serving as universal language

People around the world are attracted to sport. This attraction can transcend religious, cultural, political and linguistic differences, creating a universal language.



Connecting people

Sport is an inherently social process that can bring individuals together to work towards common goals.



Promoting human rights

Sport teaches social values such as respect, tolerance, inclusion, teamwork and fairness as it helps to create a culture based on peaceful values and human rights.



Tool for diplomacy

At the international level, it can be used as a tool for diplomacy as it can help to rebuild and strengthen relations between states and high-ranking leaders.



Fostering social business

Sport combined with a social business approach can help entrepreneurs, companies and athletes to work together on societal issues.



Holistic and cross-cutting nature

Sport can help achieving the 17 Sustainable Development Goals and address a broad range of social, economic and environmental challenges, including health issues, youth development, education, gender equity and economic development.



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Watch some historical moments of the peace through sport movement.



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LEARNING THROUGH SPORT SIMPLE SOLUTIONS

Learning through Sport Simple Solutions



1

What are Sport Simple Solutions?

Sport Simple Solutions is a concept that adapts sports equipment, venues and rules so that sport can be played with limited resources or in harsh environments. . .

Anywhere ! At the same time, it promotes peace-through-sport by teaching positive values such as inclusion, equality and conflict resolution.

2

Why Sport Simple Solutions?

Sport Simple Solutions enables a maximum number of people to have **access to sports** without social or economic discrimination and to learn about the positive values that can be acquired through sport.

3

How to make Sport Simple?

Sport can be practiced in a simple way when you make equipment out of **local resources**, recycled materials and you teach the **basic values** of sport.

Find some ideas and recommendations in our **[Sport Simple Manual](#)**.



How to Organize your **Sport Simple** Workshop

1 BEFORE THE WORKSHOP :

STEP 1 : Define which sporting values you want to teach (respecting rules, equality, team spirit, inclusion, self-confidence...).

STEP 2 : Based on the values, chose one or more sports from our Sport Simple Manual and select some specific exercises (Refer to the sport sheets).

STEP 3 : Based on your chosen sport(s), check out which sport equipment will be needed. Brainstorm how to make equipment with local resources and recycled material. You can find some ideas in our Sport Simple Manual.

STEP 4 : Collect the raw or recycled materials you need to build the sport equipment. Get participants involved !

STEP 5 : Cut white sheets of paper to take a **#WhiteCard** photo of participants at the end of the workshop.

2 DURING THE WORKSHOP :

STEP 1 : Give a brief introduction on why [sport is a tool for development and peace](#).

STEP 2 : Explain the rules of the chosen sport(s).

STEP 3 : Get participants to build their own sport equipment with the materials you've collected.

STEP 3 : Split the participants in groups and assign a different sport to each group.

STEP 4 : Ask the groups to start playing, applying the selected drills and exercises according to the chosen values.

STEP 5 : Rotate the participants once they have done all drills and exercises in a sport.

STEP 6 : When each group has played all sports, discuss the values learned during the activities:

● Ask participants: *"Did you enjoy the activities? What did you learn? What did you need to do to succeed in each exercise?"* Try to get participants to realize the values they worked on in each activity.

● Once the values are defined, ask participants to explain their understanding of those values.

STEP 7 : Once the discussion is over, take a group picture holding **#WhiteCard**, the symbol of peace through sport, and the sport equipment created.

3 AFTER THE WORKSHOP :

Post your group picture and photo of your Sport Simple workshop on social media using the hashtag **#WhiteCard** and tagging **@peaceandsport**. We'll spread the word !



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WHITE CARD CAMPAIGN



Join the #WhiteCard Campaign

WHITE CARD



WHAT IS THE #WhiteCard CAMPAIGN ?

The **#WhiteCard** is a worldwide digital campaign created by Peace and Sport that promotes the positive and constructive values of sport. Every year the **#WhiteCard** campaign reaches millions of people across social media.

WHAT IS THE MEANING BEHIND #WhiteCard ?

Holding up a **#WhiteCard**, just like a referee, is an action that symbolizes the positive power of sport. In contrast with the red card, which signifies the most serious offense in sport, the **#WhiteCard** is a gesture of inclusion, equity and peace.

WHY TO DO A #WhiteCard ?

The **#WhiteCard** is recognized as the symbol of the peace-through-sport movement which is used to celebrate the International Day of Sport for Development and Peace on **April 6** since 2013. Participating in the digital campaign means you share and spread the vision that sport can help to change the world.



Participate in the #WhiteCard Campaign

WHITE CARD



1 — **Snap yourself with a #WhiteCard (or with your friends)**

Hold up a white card, just like a referee on a playing field !
The more creative your photo, the better! You can make a **#WhiteCard** with a white sheet of paper.



2 — **Post your photo on your social media with the hashtag #WhiteCard**

Don't forget to use the hashtag.



3 — **Spread the word to all your friends**

Join the global conversation
and invite your friends and network
to participate.



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